

My advice to all the friends who want to teach in the spiritual field: if you have not seen the Light as Truth, I would recommend not teaching, as the seed of manipulation may still be present within you, even if the spiritual ego can hide it very well.

If you wonder " What does she mean by the Light as Truth?", it definitely is the sign that you have not seen it. This light reveals itself to you when the mind has stopped being cunning, otherwise there is no chance to see it.

However, if you really feel like teaching, and if in your life all is quite integrated, if you can honestly say " I don't wear any spiritual mask", if you have recognised the limitations of spiritual idealism and vertical realisation, if you don't pretend you are enlightened, and don't deny enlightenment exist, if you feel like sharing with humility and honesty what you know, if you can quote the people who inspired you, tell where your information comes from, share what life has taught you, what you have learned from your path, why not teaching?

However, REALLY be aware of the spiritual ego. Do not pretend and hide anything. Be aware of your search even very subtle for power? money? admiration? etc...What ego tendencies did you project on the Sacred Feminine? She is a revealing mirror, beyond mental understanding.

Understand that generally spiritual seekers want to admire you. Be also aware of your need for admiration. You are not teaching to please anyone but to help people realise their true Self. Remain authentic. Be yourself no matter what.

The spiritual path is not about reaching a special state of consciousness. It is about the honest openness to all states of consciousness.

Who are you? And where are you?

You are as much ONE with the lower realms as with the higher ones. If you still deny high and low, pure and impure within yourself, how can you BE YOURSELF? Honesty, integrity, authenticity, clarity is the only place to reach.

When there is no duality with "here and now" within, you are resting in your Heart.

<https://www.tilicho.fr/initiation-and-book.html>