

## COSTS - BED & YOGA (64)

Address: 1 rue des sources, 64190 Gurs

Tel: +33 7 69 31 22 45 / <https://www.tilicho.fr/>

- The price of the rooms includes simple organic breakfast (tea/coffee/bread/butter/jam).
- A fully equipped kitchen is at your disposal (with cooker, oven, microwave, dish washer, washing machine (5€/wash).
- Minimum stay: 2 nights
- + tourist tax 0,61€/person/day

- 1 class: 15€
- 5 classes: 50€
- Weekend package from 3pm on Friday to Sunday 11am: room+classes+vegetarian/vegan food: 230€
- Free yoga/meditation/satsang classes for stays longer than a week.

### **Shakti (room for 1 or 2 people)**

- Double bed (queen size)
- Private bathroom

- 55€/night
- 45€/night (week)

### **Satya & Ananda (room for 1 or 2 people)**

- Communicating rooms with 2 single beds
- Can be independent (a lockable door separates them)
- Shared bathroom down the corridor.

- 45€/night/room
- 35€ (week)

### **Samadhi (room for 2 or 4 people)**

- Queen size bed
- Sofa made of 2 trundle beds
- Private bathroom

- 85€/night
- 75€/night (week)

### **Sadhana (room for 2 or 4 people)**

- 2 single beds
- 2 bunk beds
- Private bathroom down the corridor

- 65€/night
- 55€ (week)

### **Rental for groups:**

- 15 people max
- 5 bedrooms
- Kitchen
- Living room
- Terrace

- 300€/night
  - 240€/night (monthly fare)
  - Activity hall: 80€/day (free for weekly stays or more)
- Cleaning costs: 100€ or cleaning at your expense.*